



2021-22 Black-Out Feis Guidelines

Windy City Feis (Sunday, 10/10) is our first Black-Out Feis of the season!

As we head back to a more regular schedule of in-person feiseanna, the need for proper “Black-Out” attire will become more necessary. Trinity prefers to stay within the spirit of black-out competitions and keep our look as simple and streamlined as possible. Parents truly do not need to invest significant cost or time into their dancer’s black-out look, as the whole point is draw attention away from the dancer’s appearance and towards the dancer’s performance. That being said, we do want to look tidy and prepared. Here are a few suggestions to help make your dancer look their best on stage at a “Black-out” competition:

BOYS

- Boys should wear their regular black dance pants with a belt. High black crew socks or knee socks so that no ankle shows when their leg moves.
- Boys can wear their black dress shirts with the top button open and sleeves rolled to the elbow, OR a clean, well-fitting black t-shirt tucked in at the waist.
- Please, no shorts and no logos on anything.

GIRLS

- Girls can wear a black long-sleeve leotard with a high neck (collar bones should not show, as per CLRG rule), OR a clean, well-fitting black crew neck shirt tucked in at the waist. Examples:
 - [Plain-sleeve leo](#): can be worn with plain black skirt OR black/white skirt
 - [Lace-sleeve leo](#): can be worn with plain black skirt only
 - [Plain Black T](#)
- Girls can wear a plain black circle skirt, or a black/white plaid circle skirt (please don’t mix a patterned skirt with a patterned or lace sleeve leo). Skirt should hit mid-thigh, similar in length to their dance costume. Here are examples:
 - [Target Skort](#)
 - [Athleta Skort](#)
 - [Amazon Circle Skirt](#)
 - [Amazon High Waist Flare Skirt \(includes black/white plaid version\)](#)
- Girls U14 & Younger should have poodle socks on as usual, and if dancing in higher competition levels, tan legs.
- Girls U15 & older need to wear 2 pairs of black dance tights (team tights):

- [Capezio Ultra Soft Footed Tights](#) (these are available elsewhere, including online dancewear shops as well as amazon--remember you need to wear 2 pairs!)
- If competing in black tights, remember to change soft shoe laces to black and use only black tape on hard shoes. You may wear no-show black socks if necessary, but **NO WHITE SOCKS, LACES OR TAPE.**
- Girls need either black spankies or the shorts under a skort, even if wearing tights. Meaning, cover the leotard or tights with black spankies (if wearing a skort, the undershorts suffice).
- Girls hair must be neat and tidy. TPT hair with black bow works very well. A high bun with black bow is fine. Ensemble dancers could wear Ensemble buns with black bow. No need for extravagant hair styles but it should look nice (like it would for a school picture). No wigs, and no over the top accessories, please.
 - [Trinityparent.com Costume page, detailing "TPT" hair.](#)
 - If wearing a bun, a "donut" bun maker can help make it tidier.
- Bling buckles on hard shoes and bling stud earrings are ok, no other bling is necessary. ***If you wear black-out as a replacement for an outgrown solo costume and it is already blinged for that reason, it is ok to still wear it. Our preference for genuine black-out feiseanna is that we keep our look as streamlined and simple as possible, but we understand you may be trying to accomplish multiple goals with one look***

